

Montag	Mittwoch	Donnerstag	Samstag
			HWH/Pea TGW 10.00 - 12.00
Online/Britta Yoga 16.30 17.30 17.45 - 18.45			
Online/Pea Powerfitness 19.15 - 20.30	Online/Pea Pilates f. d. Rücken 18.00 - 19.00		
Online/Pea Faszientraining 20.30 - 21.30	Online/Pea Tai Chi/Qigong 19.00 - 20.00		